

*Who better to know the ways of something than the one who built it.*

# Help from Above

I will lift up my eyes to the mountains;  
From where shall my help come?  
My help comes from the Lord,  
Who made heaven and earth.

*Psalms 121:1-2*

painting by Dennis Doheny

**W**E INSTINCTIVELY LOOK UP when we are in need of help. Perhaps this behavior is built into our genes, or our DNA. Or perhaps it is that, as the old saw states, when we are down there is “no place to look but up.”

When we require help, we need someone with answers—the *right* answers; someone who knows what they are talking about, someone with experience, with knowledge of our situation—someone, as the traveling salesman declares in *The Music Man*, who “knows the territory.”

Because the triune Godhead created this universe, its members know it and its ways from top to bottom. They know it inside and out. They understand all its component parts because They spoke them into existence.

Lift up your eyes on high  
And see who has created these stars,  
The One who leads forth their host by number,  
He calls them all by name;  
Because of the greatness of His might and the strength of His power,  
Not one of them is missing.

*Isaiah 40:26*

And God did not stop creating after the sixth day: He is still creating even today. Heaven is the author of every yesterday and each tomorrow. Father and Son know the details of every new circuit board as well as they know the place where Adam slept. They know the composition of modern concrete as well as the peaks and crags of the ancient mountains and the deepest valleys of the seas.

So of course we look up when we seek authoritative and conclusive help. Where else?

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Since God is the author of our lives, He understands us, inside and out.

For You formed my inward parts;  
You wove me in my mother's womb.  
I will give thanks to You, for I am fearfully and wonderfully made;  
Wonderful are Your works,  
And my soul knows it very well.

*Psalms 139:13-14*

More than just authoring our creation, the Lord God knows us, from our first breath to our last, better than anyone else.

O Lord, You have searched me and known me.  
You know when I sit down and when I rise up;  
You understand my thought from afar.  
You scrutinize my path and my lying down,  
And are intimately acquainted with all my ways.  
Even before there is a word on my tongue,  
Behold, O Lord, You know it all.

*Psalms 139:1-4*

Thus there is no one better to whom we can flee when in need of help. Not only does He know and understand us, our God will never turn us away. He *invites* us. After all, it was for us that He created this world. And not only is He the author of our existence on this earth, He is the author of our salvation *from* it.

Christ Jesus is the ultimate Help from above. Right now He sits at the right hand of the Father, so it is upward to heaven where we find Him. We *discover* Jesus in the written word—His timeless history, His brief earthly biography, His teachings and thoughts, His ultimate sacrifice. But at this very moment He is bodily, physically next to the Father in heaven. If we know Him, if we have placed our lives in His hands, then He is actively our advocate before the Father, speaking on our behalf, vouching for us.

In His salvation Jesus lifts us out of this world, lifts us in spirit to where He is. And from then on, He is constantly watching over us, loving us, helping us—even when we haven't sought His help.

Jesus, the Creator, lives for us, and we, His creation, live for Him. From where does our help come? It comes from the Lord who made heaven and earth.

For He rescued us from the domain of darkness, and transferred us to the kingdom of His beloved Son, in whom we have redemption, the forgiveness of sins. He is the image of the invisible God, the firstborn of all creation. For by Him all things were created, both in the heavens and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things have been created through Him and for Him.

*Colossians 1:13-16*